

## RELEASE OF LIABILITY

I, \_\_\_\_\_, (herein "Participant"), hereby acknowledge and agree to the following, as a condition of Personal Training or any like services with **Monee' Perry of Mo K.O, LLC**:

1. My involvement and/or participation in **Personal Training and like services** is voluntary, and I am acting under my own free will.
2. There is a risk of danger, bodily harm, injury, emotional stress, or death as a result of my participation. The risks arise from **Lifting, Kickboxing, Running/Jogging, Playing any sport, and Plyometrics**.
3. There is the potential for risks and dangers that may not be obvious or reasonably foreseeable at this time.
4. I do not have any medical ailments, physical limitations, or mental disabilities that will affect my ability to participate in **Personal Training or any like services with Monee' Perry of Mo K.O, LLC**.
5. **Monee' Perry of Mo K.O, LLC** undertakes no direct legal or financial responsibility for my personal safety or well-being when I am participating in **Personal Training or like services**.
6. I assume the risks, including, but not limited to, those outlined in number 3 of this agreement.
7. I forever release **Monee' Perry of Mo K.O, LLC** from any and all claims and causes of action that I or my representatives now have or may have in the future for personal injury, property damage or wrongful death occurring to me, arising out of participation in **Personal Training or like services**.
8. I am 100% liable for all medical expenses incurred as a result of any injury or property damage during my participation in **Personal Training or like services with Monee' Perry of Mo K.O, LLC**.

9. In the event that any one or more of the provisions of this agreement shall be held to be invalid, illegal, unenforceable or in conflict with the law according to the jurisdiction of the States of **New Jersey, New York, North Carolina, South Carolina, Florida, Texas, and California** the remaining portions will not be validated, and shall remain in full force and effect.
10. This is a legally binding contract, but it is not meant to pronounce any claims or defense that are legally prohibited.

I attest that I have read and understand this document and agree to all the provisions listed above.

\_\_\_\_\_  
Participant Name

\_\_\_\_\_  
Participant Signature

Date: \_\_\_\_\_

\_\_\_\_\_  
Witness Name

\_\_\_\_\_  
Witness Signature

Date: \_\_\_\_\_